

## STATEMENT OF FAITH

There exists only one God, creator and sustainer of all things, infinitely perfect and eternally coexisting in three persons – Father, Son and Holy Spirit.

The scriptures, both Old and New Testaments are the inspired and trustworthy Word of God, the complete revelation of His will for the salvation of human beings and the final authority for all matter about which it speaks.

Human nature derives from two historical persons, male and female, created in God's image. They were created perfect, but they sinned, plunging themselves and all human beings into sin, guilt, suffering and death.

The death of Jesus Christ and his bodily resurrection provides a substitution for us, and the only ground for justification, forgiveness and salvation for all who believe. Only those who trust in Him alone are born of the Holy Spirit and are true members of the church; only they will spend eternity with Christ.

The Holy Spirit is the agent of regeneration and renewal for believers in Jesus Christ. He makes the presence of Jesus Christ real in believers, and He comforts, guides, convicts and enables believers to live in ways that honor Christ.

Ministry to persons acknowledges the complexity of humans as physical, psychological, social and spiritual beings. The ultimate goal of Christian counseling is to help others move to a personal wholeness, interpersonal competence, mental stability and spiritual maturity.

Adapted from Code for American Association of Christian Counselors

## THE LIGHTHOUSE

**Once I was lost upon the sea  
It seemed all hope was gone  
My ship was drifting helplessly  
Battered by the storms  
But then I saw a brilliant light  
Shining brighter than the day  
It seemed to beckon –  
Come to Me  
I will light the way  
Now my ship is in the harbor  
Anchored firmly near the shore  
In the shadow of the lighthouse  
Safe forevermore  
Often times I wonder  
Just where that I would be  
If my lighthouse –  
Jesus Christ the Lord  
Had not rescued me.**

*~ J. Morse*



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*Serving Eastern Shore Maryland,  
Metro DC, Virginia and Delaware.*



LIGHTING THE WAY TO HOPE AND HEALING



### Lighthouse Christian Counseling

exists to glorify God by serving the body of Christ and offering Christ centered, clinically sound counseling to individuals, couples, families and groups. We offer a safe place to explore past and present challenges of life so that hope and healing can be experienced. We desire to be a resource to individuals in the community no matter where they may be in their spiritual journey.



**JULIE A. HICKSON LCSW-C · CLINICAL DIRECTOR  
JOHN HICKSON · DIRECTOR**

## OUR COMMITMENT TO COMMUNITY

**Lighthouse Christian Counseling** is a Christ-centered professional counseling center with convenient offices serving Maryland, Virginia and Delaware. LCC desires to be a resource to the churches and community for people who are struggling, hurting and disillusioned. We seek to come alongside the church's ministry in our counseling services to assist those to embrace God's purposes for their lives and strengthen them so in turn to enrich the body of Christ.

As a Christ-centered Christian Counseling center we base our philosophy of counseling on the passage in Romans that tells us how to be "transformed by the renewing of our minds". How do we do this? Philippians 4 tells us to 1) not be anxious, but to take our requests to God, 2) focus our minds on positive things, 3) learn to be content in life, and 4) praise God for everything. God then promises us 1) He will guard our heart and minds, 2) He will give us strength for the task, 3) He will give us peace. We trust that as God sees you through your suffering He will show you more of who He is, heal your brokenness and use you according to his good purposes.

If you have not explored the spiritual side of your life, we will meet you where you are in your spiritual journey and treat you with respect and dignity.

**Lighthouse Christian Counseling** is committed to the preservation of the family, the permanence of marriage and the value of children. LCC has caring and competent counselors who offer a safe and confidential environment for people to grow in confidence through their challenges in life. You can expect to be treated with respect and compassion, without judgment. The counselors at Lighthouse Christian Counseling help you rediscover the joys in your relationships so you can learn to laugh and enjoy life again. They will walk beside you and help you find the tools to manage your life and your relationships. It is our hope and prayer that you would experience hope and healing through your work with Lighthouse Christian Counseling.

*To schedule an appointment  
or to make a referral, please call us at  
410-758-4800 or 866-769-4673*

## OUR HISTORY AND FUTURE

**Lighthouse Christian Counseling** was established in Centreville, Maryland in 2003 by Julie and John Hickson. Julie is the Clinical Director and is a licensed Clinical Social Worker. Julie has been practicing social work since 1989. John is the Director of Lighthouse Christian Counseling. He has a background in business and information technology and assures that all the business needs of LCC are taken care of. John and Julie believe that God placed on their hearts the need to offer the

mid-shore and beyond a Christian Counseling center to meet the needs of the body of Christ and the community. In 2005, LCC expanded its services to Anne Arundel County with an office in Crofton, Maryland. In 2006 additional offices opened in Silver Spring, Maryland and Middletown, Delaware. As the Lord leads and provides, additional offices will open in the future in convenient locations throughout Maryland, Virginia and Delaware.

## OUR SERVICES

We serve individuals, children, adolescents, marriage, couples, family, groups, and our military personnel and their families

Some of the issues that we provide counseling for include, but not limited to:

- Anger Management
- Anxiety
- Stress Management
- Adoption/Foster Care
- Attention Deficit Disorder – Children and Adults
- Grief, Loss and Separation Issues
- School Problems
- Behavioral Problems
- Depression
- Adjustment and Coping Problems
- Low Self-esteem
- Eating Disorders
- Divorce and Blended Family Issues
- Marital Conflicts
- Premarital Counseling
- Co-dependency Issues
- Parenting Issues
- Issues of Spirituality
- Abuse and Trauma – Physical, Sexual, Emotional
- Addictive Behavior
- Attachment Issues

Everyone can benefit from counseling. Some of the benefits are

- Enhanced productivity
- Personal growth
- More satisfying relationships
- Discovering new options and choices
- Create balance in your life physically, spiritually, mentally and emotionally
- Improve people skills and communication
- Improve physical health
- Healing from a painful past
- Discovering God's purpose for your life

**Hours: Day, Evening and Saturday  
Serving Eastern Shore Maryland,  
Metro DC, Virginia and Delaware  
Member of New Life Network**